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# SADS Foundation - Climb to Conquer SADS

.....Press Release.....

## SADS Foundation Announces Climb to Conquer SADS

**Mt. Rainier, WA July 10-12, 2009** The Sudden Arrhythmia Death Syndromes (SADS) Foundation is proud to partner with climber John Roskelley to highlight the upcoming third annual Climb to Conquer SADS this weekend at Mt. Rainier, Washington. The Climb is presented by PGx Health. Mr. Roskelley, well-known adventurer, author and photographer, scaled Mount Rainier in 2008 in support of the SADS Foundation.



This weekend, a team of climbers, carrying banners with the names of families who have been impacted by SADS conditions, and who have raised funds for the cause, will climb Mount Rainier. The funds raised are for research and efforts to save the lives of children and young adults at risk of sudden cardiac death. Genetic arrhythmia conditions kill more than 4,000 children, teens and young adults each year. The SADS Foundation works to save these young lives and to support families who have lost children due to heart rhythm abnormalities.

### Internationally Renowned Climber - John Roskelley

"I'm sure you know of my passion for the outdoors and for climbing. Now I want to let you know about another passion of mine-saving the lives of kids with a hereditary heart rhythm disorder (SADS). To make people aware of the warning signs of sudden cardiac arrest, I have been involved in the Climb to Conquer SADS on Mount Rainier in Washington. Every month children and young people are dying needlessly. These deaths are easily preventable. One of these conditions, the Long QT Syndrome, is now known to be three times more common than childhood leukemia. 10-12% of babies who die with SIDS actually have Long QT Syndrome (LQTS). And research has shown that many unexplained drownings are due to LQTS. The goal of the Climb is to help reach families with the warning signs of LQT, and save lives. Please support the SADS Foundation."



The Climb to Conquer SADS seeks to educate the public and the medical community on the most important warning signs that could indicate the presence of a potentially lethal condition in young people:

- Fainting or seizure during exercise, excitement or startle
- A family history of unexpected, unexplained sudden death in young persons
- Consistent or unusual chest pain and/or shortness of breath during exercise

Those with a history of these risk factors should see a doctor, as most causes of sudden cardiac death events occurring in children, teens, and young adults can be proactively tested, diagnosed and treated.

[Learn more...](#)

### About the SADS Foundation

The SADS Foundation is a non-profit organization that was established in 1991 with the sole mission of saving lives and supporting the families of children and young adults who are genetically predisposed to sudden death due to heart rhythm

abnormalities. The foundation facilitates medical decisions, early diagnosis and treatment of heart rhythm abnormalities that can cause sudden death by providing educational materials to more than 27,000 patients, doctors, and families around the world each year. In addition, the SADS Foundation encourages heart rhythm abnormality research and initiates public campaigns to increase the awareness about the warning signs of heart rhythm abnormalities that can cause sudden death. Visit [www.StopSADS.org](http://www.StopSADS.org) for more information.

Website: <http://www.StopSADS.org>

### About PGxHealth

PGxHealth has extensive experience and capabilities in the development, clinical validation and delivery of genomic-based tests, in particular in the areas of efficacy and safety biomarkers for appropriate drug utilization. Through its own know-how and resources, work conducted with some of the world's most prestigious genomics thought leaders and institutions, and use of innovative technologies, PGxHealth is focused on reducing treatment costs and improving clinical outcomes in those disease states and therapeutic classes beset with expensive, inefficient or suboptimal treatment options. It has branded its genetic tests based on these proprietary genetic markers Therapeutic Diagnostics.

Website: <http://www.pgxhealth.com>

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