

ICD SPORTS REGISTRY UPDATE

The ICD Sports Registry is an exciting new registry, whose goal is to determine the safety of sports for individuals with implantable cardioverter-defibrillators (ICDs). Whether sports are safe for individuals with ICDs is currently unknown. Current guidelines recommend that ICD patients refrain from participation in competitive sports more vigorous than golf or bowling.

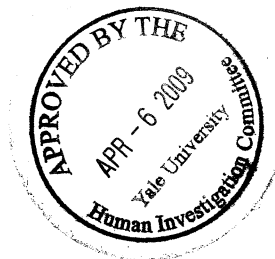
A recent survey of heart rhythm cardiologists suggests that some individuals with ICDs, do participate in vigorous and even competitive sports, despite these guidelines. The ICD Sports Registry is currently enrolling individuals, age 10-60 years old, who have made the decision to participate in competitive sports at any level. The ICD Sports Registry does not endorse competitive sports for ICD patients. Rather, we want to obtain information to determine the safety and/or risks of sports participation by following those individuals who have made this decision and are participating in sports, over a two year period.

A phone interview is done at the time of enrollment in the registry, and then every 6 months. The interview consists of questions regarding the individual's medical history and details about the sports he or she is playing. The overall goal is to enroll about 400 individuals. Since the interviews are done by phone, there are no geographic limitations to participation. All information is kept strictly confidential.

To date, we're about half way to our goal, with 189 patients enrolled, playing sports including basketball, baseball/softball, and soccer as well as other sports. We have a large number of marathon and other runners as well as cyclists. Participating are competitive athletes in high school, college players and many post-graduate athletes. The independent Data Safety Monitoring Board met in January and recommended continuation of the Registry.

The Registry is made possible by support from Boston Scientific Corporation, Medtronic, and St. Jude Medical.

For more information, please call the ICD Sports Registry coordinating center at 1-866-207-9813 or email ICDsports.registry@yale.edu. Our brochure can also be found at <http://www.ncaa.org/wps/wcm/connect/resources/file/ebe950479495c57/ICD%20sports%20registry%20brochure.pdf?MOD=AJPERES>



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