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Where's Bob?

Ever wonder what you would do if a loved one died unexpectedly?

Meet Bob DeVries. On September 10, 2008, Bob's wife, Shawn Marie DeVries, passed away from Arrhythmogenic Right Ventricular Dysplasia (ARVD). She was only 35.

In 2009, as part of his recovery process, Bob began a quest to attend one game at all 30 MLB ballparks as baseball was a passion he and Shawn shared. It was during this time that his path first crossed with the SADS Foundation and other families searching for answers about the unexplained passing of loved ones.

It's 2010 - and Bob, ever the ballpark chaser, is on a second quest to visit all 30 parks in one season. This time, he has two additional goals: to raise awareness of SADS conditions and \$10,000 for the Shawn DeVries Memorial Fund. All proceeds will benefit the SADS Foundation's innovative programs. Why is he doing this again? Well, he loves baseball, of course, but as he says, "I have spent many hours reliving the past and saying what if I would have done this or that. What I have learned is that you really can't "what if" the past but you can "what if" the future."

Join Bob on his quest to "what if" the future. You can follow Bob's progress at www.StopSADS.org. Use the "Where's Bob" link on the home page to find photos from all the games, track his fundraising progress as well as view his upcoming schedule. Join him at a game, or make a donation, or tell someone you know about SADS conditions.

About SADS conditions

What is SADS? Sudden arrhythmia death syndromes (SADS) are genetic heart conditions that can cause sudden death in young, apparently healthy people. If properly diagnosed, these conditions can be treated and deaths can be prevented.

Warning signs of SADS

1. Family history of unexpected, unexplained sudden death in a young person
2. Fainting (syncope) or seizure during exercise, excitement or startle
3. Consistent or unusual chest pain and/or shortness of breath during exercise

About sudden cardiac death in the young

- Each year in the United States, an estimated 4,000 young people die suddenly and unexpectedly due to cardiac arrhythmias. **MOST OF THESE DEATHS ARE PREVENTABLE.**
- These conditions include Long QT Syndrome (LQTS), Brugada Syndrome, Catecholamine-induced Polymorphic Ventricular Tachycardia (CPVT), Hypertrophic Cardiomyopathy (HCM), Arrhythmogenic Right Ventricular Dysplasia (ARVD), and others.

About the SADS Foundation

Sudden Arrhythmia Death Syndrome (SADS) Foundation's mission is to save the lives and support the families of children & young adults who are genetically predisposed to sudden death due to heart rhythm abnormalities. We are committed to promoting the early detection and treatment of these conditions throughout the world. The Foundation distributes materials in every state through grassroots efforts in order to teach families, educators and medical professionals about SADS conditions.

Supporting Families. Saving Lives