



20th Anniversary of the SADS Foundation

We'll celebrate the 20th anniversary in everything we do all year.

Throughout the year, we will have a featured volunteer/member and some key person who will say "happy birthday" to SADS & help promote the focus for that month. The end of the year, we'll make these messages into a montage for the conference.

We want messages from: present and past board members, volunteers, people that we have worked with (HRS folks, Medtronic, etc.), families from the past (how are you now? What has happened?)

Other 20th activities:

- Timeline – for medical research, SADS history
- Recognize volunteers every month. "where are they now". Volunteers from the past and present.
- We plan to also have a special focus on Utah and the Salt Lake Valley—make sure our campaigns happen here, make use of donated ads in newspaper, hire a consultant to help plan & develop messages; raise money & recruit partners in Salt Lake.

Here's what we have planned for the year, we hope you'll celebrate by joining us every month!

January	Celebrating 20 Years of Stories: Share Your Story!
February	National Heart Month: Order a Red Kit for your Office, Classroom, AND local Physicians
March	Women's Health Month: Learn How Women Have Advanced Research and Enroll in the Pedigree Project
April	Volunteer Month! Special trainings for contacting media, giving presentations, and many other ways to raise awareness.
May	School Nurse Appreciation: Get Your school nurse to join the pledge to make all schools SADS Safe Schools
June	CPR/AED & Athletic Focus: Get a group (school, church, office) to learn CPR, give presentations & literature to local EMS, join in CPR/AED week first week of June
July	SADS Connect: poster contest and a living & thriving celebration! Youth featured stories on website/eneews, poster contest, collecting stories of youth living & thriving.
August	Speak Out! Contact local media for articles on SADS, either print or TV. Community newsletters & other small publications.
September	SADS Safe Schools & CFC: Order a SADS Safe Schools kit to share with schools in your community. (trained volunteers) Sign up for SADS speaking events with the CFC campaign.
October	SCA Awareness Month & SADS 6th International Conference
November	National Family History Month: Pedigree enrollment/kits
December	Thank You/Looking Ahead/ Giving in Honor or Memory of those w/ SADS Brittany's Trees