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Happy Holidays!

Dear Friend,

Thank you for ordering a Pedigree Kit to begin tracing your medical history with your family. We hope you will find this tool to be a valuable resource this holiday season as you share this special time with family and friends.

The SADS Foundation encourages families to talk with relatives this holiday season, get their history using the questionnaires in our Pedigree Kit, and help them take the steps necessary to get screened by a heart rhythm specialist for SADS conditions. *This will save lives!*

Getting your family's health history is as simple as talking about it, writing it down, and then sharing it. If SADS conditions run in your family the Pedigree Kit will be a great source of information, not only for them, but also for their doctors and for researchers who are studying SADS conditions. This kit contains information about family history, risk, and testing, along with all the forms you will need to create a complete family medical history. It is easy to share with your family members around the dinner table this holiday season.

Once you are finished with the kit, please **call the SADS Foundation** to share your results and learn how to take the next steps!

Please feel free to contact us if you need more Pedigree Kits or have any questions!

Sincerely,

Lynn A. Johnson
Director of Family Support
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Supporting Families. Saving Lives

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