Drugs to Avoid While You Wait For Your Appointment

Over time, researchers and physicians have discovered that a large number of prescription medications and over-the-counter drugs can prolong the QT interval and/or have side effects that are negative for people with certain SADS conditions. As a result, two lists have been created, specific to Long QT Syndrome and Brugada Syndrome, which are reviewed and amended by experts to ensure that people with these conditions can see whether a given medication is to be avoided.

Long QT Syndrome Drugs To Avoid List

- CredibleMeds is a long-time partner of the SADS Foundation and maintains the Long QT Syndrome Drugs to Avoid list. In order to view the list, people need to register with a login and a password (which is free of charge) so that if/when changes to the list are made they can be automatically notified. Registration takes less than a minute and will make it possible for you to use the list safely and for maximum benefit. CredibleMeds uses the highest possible security protocols to protect any information that you provide and registration will not be used for any commercial purpose. The list can be accessed at www.crediblemeds.org.

Brugada Syndrome Drugs To Avoid List

- The Department of Cardiology at the University of Amsterdam Medical Center works with a panel of Brugada Syndrome experts to maintain the Brugada Syndrome Medications website. Their website is slightly different in that it does not require registration and provides additional information on generic versus name brand medications, recommendations on what to do in emergency situations, and a section on frequently asked questions. The Brugada Syndrome Medication website can be accessed at www.brugadadrugs.org.

Please remember that these are generalized lists; everyone’s system is different, and that you should speak with your physician and cardiologist to determine which medications are best for you. The SADS Foundation also publishes changes to websites as they are notified of them in our e-newsletter, which can be found online at www.StopSADS.org.

For more information or if you need a referral to a heart specialist, contact:
(801) 272-3023 (www.StopSADS.org)

The life you save may be your child’s...or your own!