

YOUR DONATIONS

Your donations...

- Address the needs of thousands of families.
- Send out more than 14,000 print newsletters twice a year and more than 8,000 E-Newsletters every month.
- Refer 300 physicians to families with SADS each year.
- Complete hundreds of Sudden Death Response Plans and Family Outreach Plans annually.
- Provide approximately 30 medical education seminars to educate more than 1,000 medical every year.
- Enact more than 30 advocacy activities or alerts yearly.
- Award two SADS Young Investigator Awards each spring to future leaders in research.
- Host an annual medical and family conference each year bringing experts and patients together to further better treatment and care of SADS conditions.
- Help 300+ volunteers reach out to schools and communities.

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Supporting families.

Saving Lives.



WARNING SIGNS

SADS Warning Signs

- Family history of unexpected, unexplained sudden death in a young person under age 40 – including drowning suddenly
- Fainting (syncope) or seizure during exercise, excitement, or startle (i.e., alarm clock)
- Consistent or unusual chest pain and/or shortness of breath during exercise

SADS Foundation Mission:

To save the lives and support the families of children and young adults who are genetically predisposed to sudden death due to heart rhythm abnormalities.



Sudden Arrhythmia Death Syndromes
(SADS) Foundation

4527 South 2300 East, #104

Salt Lake City, UT 84117

801-272-3023

StopSADS.org



StopSADS.org

THE BEGINNING

In 1991, a group of scientists led by Drs. Michael Vincent and Mark Keating at the University of Utah isolated the chromosomal location for the first gene known to cause the Long QT Syndrome. This was a landmark discovery in the study of unexplained sudden death in the young. This breakthrough confirmed suspicions that LQTS was more common than once believed. As doctors learned more, it became clear the syndrome was widely misdiagnosed.

The SADS Foundation was established in 1991 by Dr. Michael Vincent and his colleagues at the University of Utah. Dr. Vincent believed that the SADS Foundation was a “better way” to increase awareness about Long QT and save more young lives.

For over 25 years, the SADS Foundation has provided information, support, and hope to thousands of families with children living with the threat of unexpected, sudden death and is a leader in education, research and advocacy for families and children with genetic heart arrhythmias that can cause sudden death.

FACTS ABOUT SUDDEN CARDIAC DEATH

- Each year in the United States, approximately 4,000 children and young adults die suddenly and unexpectedly due to cardiac arrhythmias. Most of these deaths are due to hereditary conditions.
- These conditions include Long QT Syndrome (LQTS), Arrhythmogenic Right Ventricular Dysplasia (ARVD), Brugada Syndrome, Catecholaminergic Polymorphic Ventricular Tachycardia (CPVT), Timothy Syndrome and others.
- 10-12% of SIDS deaths are due to Long QT Syndrome.
- Long QT Syndrome is at least three to four times more common than childhood leukemia in the United States.
- Most cardiac arrhythmias and structural defects that may cause sudden death in the young are identifiable and treatable. With treatment, people with these conditions often have normal lifespans and lifestyles.

Visit StopSADS.org for more information.

WHAT WE DO

Innovative Programs

Patient/Family Support: Provide information, resources and consultation to assist patients and their families so they can make informed medical decisions in order to live and thrive with heart rhythm conditions.

Awareness: Increase the general public’s knowledge of the warning signs of SADS conditions through distribution of materials via our website, schools, conferences, and health fairs.

Advocacy and Research: Advocate for increased research for genetic arrhythmias, diagnosis and treatment improvements. Provide opportunities to engage families with SADS conditions in research communities.

Medical Education: Provide knowledge and tools to assist health professionals (especially focused on primary care) to recognize, diagnose, and treat SADS conditions through the SADS Foundation International Conference, seminars and speaker experts in the field.

Family Pedigree Project: Help SADS families complete their family pedigree to identify others at risk.

SADS Safe Schools: Prepare and distribute materials to school nurses, teachers, and coaches to keep SADS children safe at school. Help families prepare personalized care plans for school.

HOW YOU CAN HELP

Donate - The SADS Foundation counts on individual donations to support our programs. We ask you to contribute to our life-saving efforts. As a SADS Foundation donor, you will join an engaged community of people committed to preventing sudden cardiac deaths in young people.

- I would like to contribute a gift of \$ _____
- I have enclosed a check payable to the SADS Foundation
- Please charge my:
 - Mastercard Visa American Express

Card number	Exp. Date	
Name on card	Signature	
Address		
City	State	Zip

You can also donate online at StopSADS.org.

Volunteer - The SADS Foundation relies on volunteers throughout the country to increase awareness about cardiac arrhythmias and to reach out to physicians, school nurses, coaches, and others to support our community programs. We always are looking for interested people and the talents they bring to our mission.

- I would like to volunteer

Find out more - The SADS Foundation has a variety of educational materials including posters, brochures, fact sheets, articles and newsletters. Many of these materials are available on our website at StopSADS.org. You also can follow us on Facebook and Twitter.

- I would like more information and would like to receive SADS Foundation newsletters.

Name		
Address		
City	State	Zip
Home Pphone	Cell Phone	
Email		

Please return this form to the SADS Foundation,
4527 South 2300 East #104 Salt Lake City, UT 84117

