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Attention: School Nurses

Prevent Sudden Cardiac Death in Your Schools

You may have children in your school(s) with a SADS condition. These children usually appear healthy and, if undiagnosed, they may have absolutely no idea that something might be wrong. Once diagnosed, these conditions are treatable.

We have included material about sudden cardiac death in young people, how to determine if syncope is life-threatening or just a simple faint, screening for SADS conditions, and information on SADS Safe Schools. We also have a page on our website just for you that has links to these resources as well as other links to scientific articles you might be interested in reading. www.sads.org/Awareness/School-Nurses

NEW this year is

COVID 19 information: Children or adults with inherited arrhythmias (e.g. LQTS, BrS, CPVT, etc.) are not at greater risk of contracting COVID-19 than anyone else. The **CDC recommends:** To maximize protection from the Delta variant and prevent possibly spreading it to others, wear a mask indoors in public if you are in an area of substantial or high transmission.

The SADS Foundation recommends that all adults and children 12 and over with SADS conditions receive a vaccination. You can review the complete statement on our website. The CDC also has some fantastic resources for going back to school.

You can access this information from our website: sads.org/Awareness.

We are asking you to add the Risk Assessment questions (see *Is Your Child at Risk?* attached) to your school's physical screening forms. If there are any "yes" answers, the student should have a cardiac screening.

Included in this packet are a teacher and a coach flyer for your information. If you would like more flyers for your teachers and/or coaches—or more *Is Your Child At Risk?* sheets for parents—you can order them online. We are also including a SADS poster and would be happy to send you more posters for all your schools (to hang in halls, gyms, teacher's lounges, school offices, etc.)

We have also included samples of the Individual Care Plans (we have them for each condition) that we recommend for all children with SADS conditions.

We will be happy to answer any questions—thanks for your help! Marcia@sads.org

Marcia Baker, M.S. in Ed.
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SADS Foundation

Supporting Families. Saving Lives

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