



2019 International SADS Foundation Conference Atlanta, Georgia • October 4-6, 2019



Tentative Teen Program (Rev. 8/27/19)

Friday, October 4, 2019

Registration/Check-in – Buckhead Ballroom Foyer

9:30 Parents and Kids/Teens check-in SADS Staff and Volunteers

10:15 Icebreakers/Introductions/Games

12:20 Tour of Scientific Posters Peter Fischbach, MD

12:40 Lunch

1:00 Create Healing Wall Stories / Prop making for SADS Photo Booth Staff/ Volunteers

1:40 Disease Condition Individual Breakouts

Meet & greet / introductions (with parents)

- ARVC / ARVD – Brittney Murray & Crystall Tichnell
- Brugada – Brynn Dechert-Crooks
- CPVT – Deena McAndrew
- LQTS1 – Lisa Mills
- LQTS2 – Patti Simpson
- LQTS3 – Linda Knight
- Unknown SCA/SCD – Richard Lamphier

2:45 Break

3:00 Research - What is on the Horizon? Peter Aziz, MD

3:30 CPR/AED class and Drills-Relay Race Richard Lamphier, RN & Rachel Flores, RN

4:55 Clean up and Parents Pick up

5:15 Wine/Cheese Reception – open for everyone

6:30 Dinner on Your Own

**Relax and Rejuvenation Room will be available from 6:00-10:00 PM

Saturday, October 5, 2019

7:30 Breakfast in Activity Room

8:10 SADS...No, Make that Stop SADS: Are We Preventing Sudden Death? Michael Ackerman, MD, PhD

8:40 A View over the Horizon: Research for the Cure for LQTS, CPVT, Brugada Syndromes Dominic Abrams, MD

Teen Program

- 9:10 Get to Know Our Docs Panel – How Did You End Up in This Field?** Moderator: Peter Fischbach, MD
Michael Ackerman, MD, PhD; Susan Etheridge, MD; Dominic Abrams, MD
- 9:40 Break**
- 10:00 STEM Activity with GA Tech - How the Heart Works** GA Tech - need names
- 11:00 Genetics DNA of a Strawberry** Erin Demo, MS, CGC and Linda Knight, CGC
***Create Double Helix with Candy while waiting
- 12:00 Lunch**
- 12:30 Can I Still Play Sports?** Aarti Dalal
- 1:00 No Parents Allowed** Michael Ackerman, MD
- 1:30 CHOA for TEENs, Child Life Specialists** Francis Garret and Katie Scarlett
- 2:25 Session 3: Concurrent disease breakouts with assigned MD to each group**
(with parents)
- ARVC / ARVD-Brittney Murray & Crystal Tichnell
 - Brugada – Brynn Dechert-Crooks & Ron Kanter
 - CPVT – Deena McAndrew & Prince Kannankeril
 - LQTS1 – Lisa Mills & Aarti Dalal
 - LQTS2 – Patti Simpson & Charles Berul
 - LQTS3 – Linda Knight & Mary Niu
 - Unknown SCA/SCA – Richard Lamphier & Robert Whitehill
- 3:30 Break**
- 3:40 Hope, Health, and the Science of Human Flourishing** Jennifer Cory, MS, MAPP
Jennifer Cory's talk will explore the impact of chronic diseases on wellbeing, and look at the gap that exists in healthcare between extending life and quality-of-life. Through the latest research in positive psychology, biology, and neuroscience, we will examine how the elements of Hope, Engagement, Action, Resources, and Thriving (**HEART**), can help confer immunity against anxiety, depression, and reduced quality-of-life, while promoting resilience and emotional wellbeing.
- 4:35 Family Stories** Melissa Russom
- 4:55 Honoring Heroes – Healing Wall ceremony** Robert Campbell, MD
- 6:00 Dinner Buffet**
- 7 – 10 pm Family Casino Game Night**
**Relax and Rejuvenation Room will be available from 7:00-10:00 PM

Teen Program

Sunday, October 6, 2019

8:30 Breakfast in Room

9:00 ICD Info

Jessica Posey, NP

9:20 New technology: Gadgets and Apps

Prince Kannankeril, MD

9:40 Older kids/young adult - Panel

Aimmy Tse; Eliana London

10:10 Advocating for Yourself

Deena McAndrew, RN

10:30 Break and Snacks

11:00 Perfect Your Elevator Speech

Jennifer White

12:00 Youth and Teen Presentations

12:30 Adjourn