Thank You for the Successful SADS Heart Month!

During February this year, we had hundreds of health professionals, parents, advocates, and patients help raise awareness about SADS conditions and their warning signs. In total, we shipped out over 350 SADS Red Kits to over 300 cities across the US!

We are so grateful for everyone that got involved during Heart Month to shine a light on SADS conditions. Heart Month may be over until next year, but you can still get involved! If you are interested in learning about how you can educate your community, contact mikayla@sads.org.

Corona Virus - What You Need to Know
about COVID 19 and SADS conditions. Check our website for details.

Upcoming Events

May 2, 2020
*2nd Annual Hops for Hearts*
Schwenksville, PA

May 6-9, 2020
*Heart Rhythm Society Scientific Sessions*
San Diego, CA

May 17, 2020
*5th Annual Gertsberg Memorial 5K*
Farmington, CT

October 3, 2020
*Christie's 15th Annual Heartoberfest*
Saratoga Spring, NY

October 10, 2020
*5th Annual Rachel's Race*
Janesville, WI

November 6-8, 2020
*13th International SADS Foundation Conference*
Houston, TX

November 14-16, 2020
*American Heart Association Scientific Sessions*
Dallas, TX

November 28, 2020
*Brittany's Trees*
Carol Stream, IL
Libertyville, IL

Quick Links

[SADS Foundation and COVID 19](#)

The staff members of the SADS Foundation want everyone to know that we are doing our part to "flatten the curve" in order decrease the spread of COVID 19. Each of us are working from home and remain available to help our SADS families as we always have been. You may reach us through e-mail (any of our first names @sads.org and any of our social media platforms. We will be sending materials out as PDFs or linking you to the materials on our website.

Please know how much we appreciate each of you and send best thoughts for you to stay safe, healthy, and well.

Cancelled Seminars

SADS Foundation/Hopkins Family Support and Education meeting scheduled for April 4th and the ARVC Patient and Family Seminar scheduled for May 2, 2020 have been canceled. The UCSF Family Seminar has also been canceled (was on Apr. 225). Contact Marcia [here](#) if you want to be included in notice of virtual seminars.
Deadline Extended to March 27 for Young Investigator Awards 2020

To encourage the next generation of researchers in SADS conditions, the Sudden Arrhythmia Death Syndromes (SADS) Foundation is announcing its annual SADS Foundation Courts K. Cleveland Jr. Young Investigator Awards in Cardiac Channelopathy Research.

As in past years, there will be a BASIC SCIENCE award and a TRANSLATIONAL/CLINICAL SCIENCE award given. Both awards will be administered by the Pediatric and Congenital EP Society (PACES). As the PACES annual dinner meeting has been cancelled due to COVID-19, an alternate presentation will be considered.

New Submission Deadline: March 27, 2020. Click here for more information.

- $500 to the recipient

For questions, contact marcia@SADS.org.

Register Now for Early Bird Pricing!
2020 SADS Foundation Conference

Co-hosted by Texas Children’s Hospital in Houston, Texas!
Woodland Park Elementary School staff who all played a part in successfully resuscitating a student who collapsed Monday, Feb. 24, 2020, as a result of an undiagnosed heart condition.

Click here for further details and to register.

If you are or if you become a SADS Sustainer, you will receive $20.00 off individual registration fees.

*Special rates for first-time conference attendees.
Please contact us at 801-272-3023 or email erin@sads.org for additional details.

**Hotel**

InterContinental: Houston- Medical Center
6750 Main Street
Houston TX 77030

$139.00 USD/night - Click here for this rate.

Sessions for Medical Professionals, click here.

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**School Nurse, Staff Members Save 10-year-old Student**

SHERIDAN, WY - Shawn Kelley received the call parents dread. His 10-year-old daughter had collapsed walking into Woodland Park Elementary.

"When you show up at the school and see that - it's the hardest thing any parent would ever have to see," Kelley said.

Click here to read the full story.

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**Dispatcher-Assisted Cardiopulmonary Resuscitation and Cardiac Arrest Centers**

ABSTRACT: Survival after out-of-hospital cardiac arrest requires an integrated system of care (chain of survival) between the community elements responding to an event and the healthcare professionals who continue to care for and transport the patient for appropriate interventions. As a result of the dynamic
nature of the prehospital setting, coordination and communication can be challenging, and identification of methods to optimize care is essential. This 2019 focused update to the American Heart Association systems of care guidelines summarizes the most recent published evidence for and recommendations on the use of dispatcher-assisted cardiopulmonary resuscitation and cardiac arrest centers. This article includes the revised recommendations that emergency dispatch centers should offer and instruct bystanders in cardiopulmonary resuscitation during out-of-hospital cardiac arrest and that a regionalized approach to post-cardiac arrest care may be reasonable when comprehensive postarrest care is not available at local facilities.

Click [here](#) to read full article.

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**Heart Bowl Spotlight: Samantha Wilder**

The SADS Foundation thanks Samantha Wilder for being a part of the SADS Foundation Heart Bowl during the month of February and bringing in the most donors for this campaign!!

Samantha is a contract attorney in the Washington DC metro area. She attended the International SADS Foundation Conference last year and since then has become a volunteer for SADS advocacy and one of our most active volunteers.

As the winner of this campaign, Sami’s story is being featured on our social media feeds this month. Click [here](#) to read Samantha's story on the SADS Blog.

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**Rare Disease Day Highlights**
The last week of February is Rare Disease Week, which leads up to Rare Disease Day on the last day of February each year. This year, one of our own rare disease advocates, Samantha Wilder, attended Rare Disease Week on Capitol Hill in Washington, D.C. Here, patients and advocates alike attended events that included caucus briefings, rare disease documentary screenings, lobbying, and meeting with members of the House and Senate to advocate for improved policies. Huge thanks to everyone who contributed during Rare Disease Week, whether from Capitol Hill or your own community!

Pierce Attends Stanford Conference with Her Parents

Pierce showing off her face painting at the Stanford Seminar Connecting 2020. Phil and Stephanie Howard, along with their daughter Pierce attended the Stanford seminar. Phil Howard is the Treasurer for the SADS Foundation Board of Directors.

26th No Ball at All
Most importantly, with the help of the SADS Foundation, I have a better understanding of my diagnosis, how to live with it, and have met kids just like me. Now I know I am not alone on this journey. -Nick Arruda

There's No Ball at All so...
Lounge in your jammies and slippers,
Enjoy a bowl of buttered popcorn,
Watch a great movie with family and friends,
And...

Keep SADS hearts beating...
Contribute to the 2020 "No Ball at All," and join the hundreds of families who raise awareness of SADS conditions and funds for the SADS Foundation as we proudly continue to save young lives!

Since the very first No Ball at All, more than $700,000 has been raised! Click here to donate and to read the rest of Nick's story. Please help us continue this special tradition as we continue to support families, save lives, and works towards a cure!

Heartfelt Thanks to Facebook Fundraisers

Heartfelt gratitude to the following 9 family members: Kristin Wappel Campbell, Victoria Pepper, Mike Erlwein, Casey Piatt, Ashley Russell, Kimberly Provins-Stancliff, David Wears, Bill Roberts, and Tammy West Porter who all hosted a Facebook Fundraiser for the SADS Foundation during the month of February!!

Each Facebook Fundraiser helps the SADS Foundation provide life-changing and life-saving services for SADS families! We are so thankful to the 100 plus fundraisers who are joining us in making a difference!

If you would like to celebrate your birthday or any other special day by
supporting the SADS Foundation and the families we serve, create your own Facebook Fundraiser by visiting: 
www.facebook.com/fund/SuddenArrhythmiaDeathSyndromesFoundation.

If you have any questions, contact Jan at 801-272-3023 or jan@sads.org.

CredibleMeds

Obtain the CredibleMeds mobile app for free by clicking the following links: Apple App Store (iOS), Google Play (Android devices) and the Windows Mobile Device store.