



## **SADS COVID Resource Page**

Some of our Scientific Advisors have collaborated with us to bring you the best medical information on COVID-19 in relation to our community. We are complementing this with guidance to help you cope with the added stress and anxiety that this situation is causing. All current and future updates and resources related to COVID-19 can be found on our [resource page](#).

## **Survey: Get to Know the SADS Community**

We want to learn more about if and how our families are being impacted by SARS-CoV-2-COVID-19. Please help by completing this [brief survey](#) which should take about five minutes. Please complete one survey for yourself and one for each person in your family. We welcome survey input from families in both USA and international countries.

We will summarize the answers and let you know the results. And our Scientific Advisors will also take a look at the results and help us provide answers/services to meet your needs.

## **Experts Answer Your COVID-19 Questions**

Join the SADS Foundation Facebook Live page weekly on Fridays at 2:20 pm Eastern to post questions to experts about COVID-19 and inherited arrhythmias.

A special ARVD/ARVC Facebook Live will be held on Monday, April 13 at 2:20 pm Eastern with experts from the Johns Hopkins ARVD/ARVC Program - Dr. Hugh Calkins, director and Brittney Murray, genetic counselor. You can post questions on SADS Foundation Facebook Live page.

## **Thank You, Healthcare Workers and Scientists**

Several of our families have shared personal experiences as healthcare workers. Here are just a couple!



[Greg Totero, RN, in New York City](#)



**Jen White, MD, an emergency physician  
in Philadelphia working the front line.  
Thank you for all your hard work!**

## **Virtual Support Groups**

Let's get together - on the phone or online Zoom meetings! Want to chat, or just be a part of an online group that understands the special challenges of our community during this time?

**Heart-to-Heart:** Join us online or by phone on Fridays at 4 pm Eastern. To get the Zoom or call-in details, please email [sads@sads.org](mailto:sads@sads.org).

**Kids/Teens Chat:** Join us online or by phone on Thursdays at 6 pm Eastern. To get the Zoom or call-in details, please email [sads@sads.org](mailto:sads@sads.org).



## CONTACT OUR SUPPORT & RESOURCE CENTER

Our support and resource center is available Monday-Friday to answer your medical and support questions and help you find knowledgeable medical professionals. Contact the support center at 801-946-0946 or email [sads@sads.org](mailto:sads@sads.org).