



**SADS**  
FOUNDATION  
SUDDEN ARRHYTHMIA DEATH SYNDROMES

## **SADS and COVID-19**

Check out our [website](#) or sign up for our weekly e-newsletter. Subscribe [here](#) for the frequent updates, new scientific articles and new programs about SADS and COVID-19.

### **COVID-19 Website Updates**

New scientific paper on Remdesivir and COVID-19 is very hopeful! Click [here](#) to read.

### **Take our [COVID-19 Survey](#)**

### **FAQs on SADS Conditions and COVID-19**

We have compiled the frequently asked questions from our numerous Facebook Live video sessions with Dr. Michael Ackerman. Click [here](#) to view.

### **FB Recorded Videos with Dr. Ackerman & Scientific Experts**

A reminder that all video sessions are recorded and may be viewed on our [YouTube channel](#) or [Facebook Live](#).

## **Continue to be Cautious!**

After a few months of sheltering in place, some states have begun lifting restrictions. Please continue to be cautious and follow the CDC guidelines to remain safe: frequent hand washing, physical distancing (the 6-foot rule) and wearing a mask when out in public. And please call your doctor or 9-1-1, just like you would have before the coronavirus. They are available and want to take care of you.

Remember, if returning to public school and living with a SADS condition, you are at no greater risk of infection.

## **#SADSathome**

Share your stories and/or photos of your random acts of kindness! Share with us how you are helping your community during this time, i.e. donation of masks, grocery deliveries for at risk people, blood donations, etc. Use the hashtag #SADSathome to tag the SADS Foundation or email to [sads@sads.org](mailto:sads@sads.org)



## International Heart-to-Heart

Our first international family chat had people from Mexico, UK and USA. Mark your calendars for our next International Zoom chat on Friday, May 15 at noon EDT / 5 pm BST. To register, click [here](#) and we'll send you the Zoom link. Hope to "see" you then.



## National School Nurse Day - May 6

We want to join the National Association of School Nurses and recognize the many school nurses who partner with our SADS community to keep our kids safe at school.

National School Nurse Day is celebrated annually on the Wednesday within National Nurse Week, which is May 6 - 12. The end of the week, May 12th, is in honor of Florence Nightingale's birthday. This year celebrates the 200th anniversary of Florence Nightingale. Ms. Nightingale is famous for changing the way nurses were perceived during her time, raising the standards for nursing, and educating nurses.



## Facebook Live with Dr. Michael Ackerman & Presentation of YIA Winners

Join us on Friday, May 8th, for a Q & A session with Dr. Ackerman of Mayo Clinic. It will be followed by a special announcement of **SADS Foundation Courts Cleveland Young, Jr. Young Investigator Awardees**. The winners and their mentors will join us in this special ceremony with Dr. Ackerman and Dr. Prince Kannankeril of Vanderbilt University, PACES (Pediatric and Congenital Electrophysiology Society Research) Committee chair.

### May 5th is Giving Tuesday Now!



***Be a Facebook Fundraiser for Giving Tuesday Now or Make a Donation!***

Click [here](#) to set up your own **Giving Tuesday Now as a Facebook Fundraiser** to share with your family, friends, and colleagues. Spread the word about why the SADS Foundation is important to you and help to raise funds for our life-changing and life-saving services. If you have any question, please contact [jan@sads.org](mailto:jan@sads.org).

If you are not able to set up a **Giving Tuesday Now Facebook Fundraiser**, you may support us by making a donation on May 5th. All gifts - large and small - help to fill the fund for the work we do. Please take a moment to [donate](#). Thank you!!



### CONTACT OUR SUPPORT & RESOURCE CENTER

Our support and resource center is available Monday-Friday to answer your medical and support questions and help you find knowledgeable medical professionals. Contact the support center at 801-946-0946 or email [sads@sads.org](mailto:sads@sads.org).