Your donations...

• Address the needs of thousands of families.
• Send out more than 16,000 print newsletters twice a year and more than 8,000 E-Newsletters every month.
• Refer 300 physicians to families with SADS each year.
• Complete hundreds of Sudden Death Response Plans and Family Outreach Plans annually.
• Provide approximately 30 medical education seminars to educate more than 1,000 medical every year.
• Enact more than 30 advocacy activities or alerts yearly.
• Award two SADS Young Investigator Awards each spring to future leaders in research.

SADS Warning Signs

• Family history of unexpected, unexplained sudden death in a young person under age 40 – including drowning suddenly
• Fainting (syncope) or seizure during exercise, excitement, or startle (i.e., alarm clock)
• Consistent or unusual chest pain and/or shortness of breath during exercise

SADS Foundation Mission:
To save the lives and support the families of children and young adults who are genetically predisposed to sudden death due to heart rhythm abnormalities.
In 1991, a group of scientists led by Drs. Michael Vincent and Mark Keating at the University of Utah isolated the chromosomal location for the first gene known to cause the Long QT Syndrome. This was a landmark discovery in the study of unexplained sudden death in the young. This breakthrough confirmed suspicions that LQTS was more common than once believed. As doctors learned more, it became clear the syndrome was widely misdiagnosed.

The SADS Foundation was established in 1991 by Dr. Michael Vincent and his colleagues at the University of Utah. Dr. Vincent believed that the SADS Foundation was a “better way” to increase awareness about Long QT and save more young lives.

For over 25 years, the SADS Foundation has provided information, support, and hope to thousands of families with children living with the threat of unexpected, sudden death and is a leader in education, research and advocacy for families and children with genetic heart arrhythmias that can cause sudden death.

- Each year in the United States, approximately 4,000 children and young adults die suddenly and unexpectedly due to cardiac arrhythmias. Most of these deaths are due to hereditary conditions.
- These conditions include Long QT Syndrome (LQTS), Arrhythmogenic Right Ventricular Dysplasia (ARVD), Brugada Syndrome, Catecholaminergic Polymorphic Ventricular Tachycardia (CPVT), Timothy Syndrome and others.
- 10-12% of SIDS deaths are due to Long QT Syndrome.
- Long QT Syndrome is at least three to four times more common than childhood leukemia in the United States.
- Most cardiac arrhythmias and structural defects that may cause sudden death in the young are identifiable and treatable. With treatment, people with these conditions often have normal lifespans and lifestyles.

Visit StopSADS.org for more information.

The SADS Foundation counts on individual donations to support our programs. We ask you to contribute to our life-saving efforts. As a SADS Foundation donor, you will join an engaged community of people committed to preventing sudden cardiac deaths in young people.

- I would like to contribute a gift of $______
- I have enclosed a check payable to the SADS Foundation
- Please charge my:
  - Mastercard
  - Visa
  - American Express

Card number Exp. Date
Name on card Signature
Address
City State Zip
You can also donate online at StopSADS.org.

Volunteer - The SADS Foundation relies on volunteers throughout the country to increase awareness about cardiac arrhythmias, diagnosis and treatment improvements. Provide opportunities to engage families with SADS conditions in research communities.

Medical Education: Provide knowledge and tools to assist health professionals (especially focused on primary care) to recognize, diagnose, and treat SADS conditions through the SADS Foundation International Conference, seminars and speaker experts in the field.

Family Pedigree Project: Help SADS families complete their family pedigrees to identify others at risk.

SADS Safe Schools: Help families prepare personalized care plans for school.

Innovative Programs
Patient/Family Support: Provide information, resources and consultation to assist patients and their families so they can make informed medical decisions in order to live and thrive with heart rhythm conditions.

Awareness: Increase the general public’s knowledge of the warning signs of SADS conditions through distribution of materials via our website, schools, conferences, and health fairs.

Advocacy and Research: Advocate for increased research for genetic arrhythmias, diagnosis and treatment improvements.

Visit StopSADS.org for more information.