

# ICD **SPORTS** REGISTRY

## Principal Investigators for This Research Study

Rachel Lampert, MD  
Yale University

Brian Olshansky, MD  
University of Iowa

Christine Lawless, MD  
Sports Cardiology Consultants LLC

Elizabeth Saarel, MD  
University of Utah

David Cannom, MD  
Los Angeles Cardiology Associates  
Past President, Heart Rhythm Society

## Steering Committee

Michael Ackerman, MD  
Mayo Clinic, President SADS Foundation

Hugh Calkins, MD  
Johns Hopkins

Mark Estes, MD  
New England Medical Ctr

Hein Heidbüchel, MD  
University Hospitals Leuven

Mark Link, MD  
New England Medical Ctr

Barry Maron, MD  
Minneapolis Heart Institute

Frank Marcus, MD  
University of Arizona

Melvin Scheinman, MD  
UC San Francisco

Bruce Wilkoff, MD  
Cleveland Clinic Foundation

Douglas Zipes, MD  
Indiana University

## ICD **SPORTS** REGISTRY

Contact Information

866-207-9813  
[ICDsports.registry@yale.edu](mailto:ICDsports.registry@yale.edu)  
[www.icdsports.org](http://www.icdsports.org)

# ICD **SPORTS** REGISTRY

Do you have an  
**Implantable  
Cardioverter–  
Defibrillator (ICD)?**

Do you participate  
in **SPORTS?**



The safety of **SPORTS** participation for individuals with **ICDs** is not known. Because there may be risks involved in sports participation for ICD patients,<sup>1</sup> current guidelines recommend that ICD patients refrain from participation in competitive sports more vigorous than golf.<sup>1</sup> A recent survey of physicians caring for patients with ICDs suggests that, despite these recommendations, some patients with ICDs do participate in vigorous and even competitive sports.<sup>2</sup> The ICD Sports Registry does not endorse competitive sports for ICD patients. Rather, we want to obtain information to determine the safety and/or risks of sports participation for individuals with ICDs, through following those individuals who have made the decision to participate in sports, which will ultimately benefit all patients with ICDs who are making this decision. Names of participants are kept confidential. This registry is made possible by support from Boston Scientific Corporation, Medtronic, and St. Jude Medical.

If you are actively participating in sports or vigorous activities, you may qualify to participate in this registry.

For more information, please call the **ICD Sports Registry** coordinating center at 866-207-9813 or email [ICDsports.registry@yale.edu](mailto:ICDsports.registry@yale.edu).

1. Maron BJ, Zipes DP. 36th Bethesda Conference: Eligibility recommendations for competitive athletes with cardiovascular abnormalities. *J Am Coll Cardiol.* 2005;45:1313-1375.
2. Lampert R, Cannom D, Olshansky B. Safety of sports participation in patients with implantable cardioverter-defibrillators: A survey of Heart Rhythm Society Members. *J Cardiovasc Electrophysiol.* 2006;17:11-15.

**ICD**  
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