



Dear friend of SADS,

The 4<sup>th</sup> annual Christie's Heartoberfest is being held on September 12, 2009 at the Saratoga State Park in Saratoga Springs, NY. Please join us for great company, food and beer, diverse raffle and silent auction items, and a great family day in a beautiful park. Who has more fans in upstate NY: Yankees or Red Sox? Place your vote while trying for a chance to win a hand painted "Adirondack" chair of your favorite team! Cast a vote for the best chili in the 2<sup>nd</sup> annual Heartoberfest Throwdown. All proceeds from donations, raffle and auction sales go to the SADS Foundation.

Established in 2006, Christie's Heartoberfest is held in memory of Christie Tolosky, who died suddenly on June 20, 2005 at the age of 24. Christie had suffered several fainting spells throughout her young adult life, but was never diagnosed with a heart condition. She was diagnosed with high blood sugar, and never received an EKG. On June 20, 2005 we lost a daughter, granddaughter, sister, friend and companion when Christie collapsed and was unable to be revived.

Since Christie's death, several members of our family have been diagnosed with Long QT Syndrome through a simple EKG. Equipped with implantable cardioverter defibrillators (ICDs) those of us affected can live safely, only after Christie's death, knowing that we are protected. We are dedicated to a life or death cause: spread awareness of the warning signs of Long QT Syndrome so another family will not have to suffer the heart breaking loss of their own Christie.

On September 12 we will welcome friends, family, community members, other affected families, and strangers to band together against a silent killer, and celebrate our loved ones. Just by showing up and having fun you are helping to spread the word and fight for the cause. If you are unable to join us, please consider making a donation to the SADS Foundation to promote their publicity and awareness campaigns at [www.StopSADS.org](http://www.StopSADS.org).

For more information on Christie's Heartoberfest, please visit [www.ChristiesHeartoberfest.com](http://www.ChristiesHeartoberfest.com) or call Melissa Tolosky at 518. 899. 4472.

See you on the 12<sup>th</sup>!

With sincere gratitude,

The Tolosky Family

