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# Attention: School Health Professionals Prevent Sudden Cardiac Death in Your Schools

You may have children in your school(s) with a SADS condition. These children usually appear healthy and, if undiagnosed, the young person and her/his parents have absolutely no idea that something might be wrong. Once diagnosed, these conditions are treatable.

We have included material in this packet that will acquaint you with the facts about sudden cardiac death in young people, how to determine if syncope (fainting) is life-threatening, screening for SADS conditions, and information you can use to make your schools SADS Safe Schools.

**COVID 19 information:** Children or adults with inherited arrhythmias (e.g. LQTS, BrS, CPVT, etc.) are not at greater risk of contracting COVID-19 than anyone else.

The SADS Foundation recommends that all adults and children 12 and over with SADS conditions receive a vaccination. You can review the complete statement on our website [StopSADS.org](http://StopSADS.org).

The CDC also has some fantastic resources for going back to school. You can access this information from the SADS Foundation website.

We are asking you to add the Risk Assessment questions (see *Is Your Child at Risk?* attached) to your school's physical screening forms. If there are any "yes" answers, the student should have a cardiac screening.

Included in this packet are a teacher and a coach flyer for your information. If you would like more flyers for your teachers and/or coaches—or more *Is Your Child At Risk?* sheets for parents—you can order them online. We are also including a SADS poster and would be happy to send you more posters for all your schools (to hang in halls, gyms, teacher's lounges, school offices, etc.)

We have also included samples of the Individual Care Plans (we have them for each condition) that we recommend for all children with SADS conditions.

You may order more materials at [www.StopSADS.org](http://www.StopSADS.org). We will also be happy to answer any questions you may have—thanks for your help (Marcia@SADS.org).

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Supporting Families. Saving Lives

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